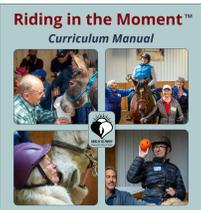




**Expanding the Impact Nationwide:
Riding in the Moment™**

Since its launch in 2011, our Riding in the Moment™ program has enhanced the quality of life for adults with Alzheimer's, dementia, and memory loss across Northern Colorado. What started as a program for a single long-term care facility has blossomed into an acclaimed, nationally-recognized initiative, delivering the joy and therapeutic benefits of equine-assisted services to many individuals throughout our community.

Today, Riding in the Moment™ is poised for nationwide impact. Thanks to our dedicated team of staff and volunteers, groundbreaking research into the program's benefits, and the support of generous grants, therapeutic riding centers across the country are now implementing Riding in the Moment™ for themselves. The program's growth owes much to researchers like Dr. Beth Fields and Dr. Rebecca Lassoff, both of whom completed their dissertations in Occupational and Rehabilitation Science at Colorado State University on our Riding in the Moment™ program. Dr. Fields, now Principal Investigator of the Geriatric Health Services Research Lab at the University of Wisconsin Madison, saw the opportunity to bring Riding in the Moment™ to Wisconsin, and together with our current Program Innovation & Research Tamara Morris, developed a curriculum and implementation manual, published in 2023.



Our partnership with the University of Wisconsin has led the groundwork for therapeutic riding centers across the country to launch their own, standardized Riding in the Moment™ programs. Each center that implements the Riding in the Moment™ curriculum must sign a licensing agreement, follow our fidelity guidelines, participate in quality meetings, and contribute outcomes to the University of Wisconsin's data repository, to ensure adherence to Riding in the Moment™'s high standards and evidence-based practices.

Recently, Dr. Fields and her team were awarded a \$250,000 Community Impact Grant from the Wisconsin Partnership Program to launch Riding in the Moment™ at Three Oaks Therapeutic Horsemanship Center in Staughton, Wisconsin. Centers like Three Oaks and BSA-MND, Inc. in Stevens, Wisconsin, are now implementing our innovative program for themselves.



By expanding Riding in the Moment™, we're reaching beyond Colorado to help make a life-changing difference for adults with dementia nationwide. To support this expansion, Tamara Morris is currently developing an interactive master class for centers interested in Riding in the Moment™, funded in part by a recent grant from Johnson & Johnson.

With each step, Riding in the Moment™ brings us closer to a future where more families across the country can witness the joy, connection, and renewed sense of purpose that horses can bring to those facing memory loss. We are thrilled to embark on this journey and eager to see where the future of Riding in the Moment™ will lead us!

- Continued Reading**
- Dr. Beth Fields' dissertation
 - Dr. Rebecca Lassoff's Dissertation
 - Research journal article on Riding in the Moment™ expansion
 - Purchase the Riding in the Moment™ implementation Manual & Curriculum



A Seussical Halloween at Hearts & Horses

Out in the paddock, what's that we see?
Two mini donkeys as cute as can be!
With little red shirts and hats on blue,
meet Pico and Levi as Thing 1 and Thing 2!
They hop now and prap in Halloween cheer,
bringing smiles and goodwill to all who are near!

And just down the way, who's that in sight?
It's Xella the pony, in stripes red and white!
With a big, happy bow tie and a mischievous grin,
she's the Cat in the Hat in the sun again!

So hark to the laughter, the joy and the fun,
from Pico, Levi and Xella, our dear little crew!
We're wishing you a Halloween delight,
with magic and warmth on this festive night!

Introducing Our NEW Website
LIVE NOW!

www.heartsandhorses.org

We're thrilled to announce the launch of our NEW website, designed to provide you with an even closer connection to our mission! Some of the site's exciting new features include:

- Custom, contemporary design and branding
- Streamlined navigation
- Faster speed for improved user experience
- Enhanced mobile compatibility

Check it out now at heartsandhorses.org

For more than 27 years, Hearts & Horses has been changing the lives of children and adults with disabilities, Veterans, at-risk youth, seniors with dementia, and more members of our Northern Colorado community – and it's all thanks to supporters like YOU! Thank you for helping to spread hope and healing in the saddle and beyond!

Share Your Story

THANK YOU!